

Ready for Kindergarten???

Families can help by....

- Making sure your child gets plenty of sleep and eats a well-balanced diet.
- Helping your child be independent in basic self-care skills such as toileting (includes being able to wipe, flush, wash hands and close stall doors)
- Encouraging responsibility.
- Have *FUN* at home – draw, read, cut, paste, walk in nature, and have lots of conversations!
- Practice taking turns and thinking about others.
- Provide clear and consistent expectations and boundaries.
- Play at the school playground as a family!



Let us Work Together!



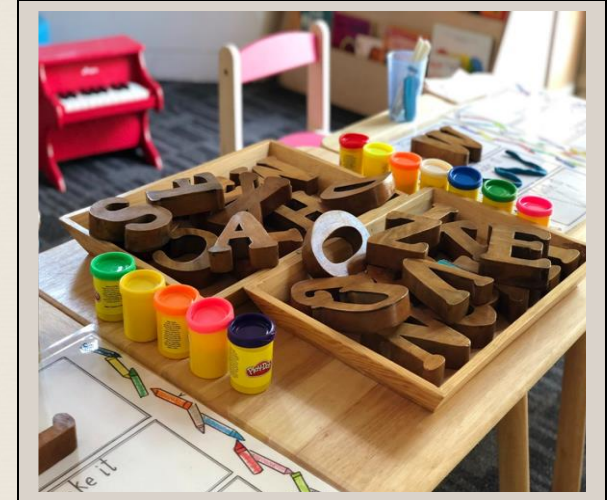
Children turning 5 on or before December 31st of this calendar year are eligible for Kindergarten.

For more information, please contact your neighbourhood elementary school.



SCHOOL DISTRICT 70
Pacific Rim
4690 Rogers Street,
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STARTING KINDERGARTEN



A Guide for Families



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KINDERGARTEN GOALS

These goals are designed to inspire and support the creation of rich, joyful learning spaces where children and adults construct knowledge about learning and living together.



KINDERGARTEN IS LEARNING THROUGH PLAY

As children play, they are...

- * Solving problems
- * Learning to explain their thoughts
- * Using their imagination
- * Cooperating with others
- * Expanding their thinking
- * Developing language and social skills

GRADUAL ENTRY

Kindergarten is a big step.

Entry into the Kindergarten class occurs gradually.

It introduces your child to the staff, materials, and the new routines in a supportive way, helping them become familiar with the school.

1) DEVELOPING SOCIAL RESPONSIBILITY:

Being a member of a group, taking turns, waiting to speak, joining in, working in pairs in small or large groups.

2) EMOTIONAL AND SOCIAL DEVELOPMENT:

Building friendships, developing socialization skills, independence, and self-regulation skills.

3) PHYSICAL DEVELOPMENT AND WELL BEING:

Daily Physical Education and Movement teaches safety, body awareness, strength, and joy of movement.

4) AESTHETIC AND ARTISTIC DEVELOPMENT:

Developing creative skills through painting, building, cutting, pasting, musical movement, rhythm and melody.

5) INTELLECTUAL DEVELOPMENT:

Looking to clarify and extend thinking through language, develop literacy and numeracy skills.

Getting Ready

- * **SHOES:** In Kindergarten children change their shoes often from outside to inside footwear. Please ensure that your child can do this independently.
- * **CLOTHES:** Play can be messy! Please send your child in clothes that can get dirty and have an extra change of clothing in their backpack. It is important to bring appropriate clothing for outside weather. Please label everything with your child's name.
- * **NUTRITION:** Growing minds need healthy food - provide nutritious snacks and lunches in easy to open containers. You may also register for the lunch program!